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PRINCIPLES OF THE 4 CITIES TOURNAMENT

The following basic principles apply to the organisation of the 4 Cities Tournament:

- 1. The participants of the Tournament are: Bratislava, Budapest, Ljubljana and Zagreb.
- 2. The main goals of the 4 Cities Tournament are sports competitions, and meeting among young people during sports activities and giving them an opportunity to learn about the host city. These should be taken into con sideration by the organiser when determining the programme and locations of the competitions and accommodation.
- 3. This challenge trophy competition shall bear the name The 4 Cities Tournament with the ordinal number of the Tournament, the name of the host city and the year when the Tournament is held.
- **4.** Teams from the participating cities shall participate in the Tournament with competitors not older than 16.
- 5. The Tournament shall be held every year in June. The order of the host cities is determined as follows: Zagreb Budapest Bratislava Ljubljana.
- 6. The number of the participants shall be determined by the transportation capacity of two buses, i.e. 99 people at the most.
- 7. The Tournament programme and the selection of sports, of which there are six, are suitable for the determined number of participants. Therefore, every city shall have 6 teams and the sports will include: athletics boys and girls, table tennis boys and girls, basketball girls, football boys, volleyball girls and handball boys.

- 8. The tournament programme shall last four days. Competition shall take place on Thursday, Friday and Saturday. Sightseeing and departure shall take place on Sunday.
- 9. The organiser shall cover the following Tournament costs:
 - board and accommodation from Thursday (lunch) until Sunday (breakfast);
 - competition organisation;
 - · cups and medals.

Teams shall travel with their own buses to the competition and during the sightseeing.

- 10. The organisation shall include:
 - a reception for delegation officials by the mayor of the host city
 - the Opening Ceremony, the Closing Ceremony (Saturday evening), announcement of results and presentation of awards;
 - a booklet before the Tournament and a final booklet with all the results;
 - decoration of all competition venues with the flags of all four cities (seven flags at competition venues in all six sports and at the opening ceremony of the Tournament);
 - sightseeing in the host city (by buses on which the guests arrived; the host determines the time and puts a guide at disposal).
- 11. Preparatory Meeting at least 1 month before the tournament, the organ izer shall call a meeting of all representatives of city administrations in charge of sports. Each delegation shall be composed of maximum 3 members. The point of the meeting is to come to an agreement on the course of the 4 Cities Tournament, to visit the competition venues and the accommodation capacities and to discuss sports organization in the host city.
- 12. The official languages of the Tournament shall be German, English and the language of the host.

2 THE RULES OF THE 4 CITIES TOURNAMENT

I. GENERAL TERMS

1. Number of Participants

Each city's team shall consist of 99 members: 74 competitors, 12 coaches and 6 team leaders, 5 official delegation members and 2 bus drivers.

	Boys	Girls	Coaches	Leaders	Total
Basketball		12	2	1	15
Football	16		2	1	19
Volleyball		12	2	1	15
Athletics	8	8	2	1	19
Handball	14		2	1	17
Table tennis	2	2	2	1	7
TOTAL	40	34	12	6	92
Bus drivers				2	2
Delegation office	cials			5	5
TOTAL				99	

2. Official Delegation

The official delegation of each participating city shall have up to 5 members. A special programme shall be organised for delegations which, among other things, will include a reception by the mayor of the host city.

3. Team Registration Forms

Tournament participants shall enter teams using the form to be found on the website of the Tournament host.

Participants under the age of 17 are eligible to compete.

The registration form for competitors shall include the following information: first name; surname; sex; date of birth; name of club; position on the team; number; identification document (ID card or passport) and number; and the rooming list.

The registration form for coaches and team leaders shall contain the following information: first name; surname; sex; date of birth; identification document (ID card or passport) and number; and the rooming list of coaches and the team leaders.

The forms are to be posted by the host organiser on the website no later than three weeks before the Tournament. At the same time, the Tournament host shall send each participating city the details to access the registration forms. Tournament participants shall fill out and return the forms no later than three (3) days before coming to the competition.

4. Administration

Team leaders will briefly discuss possibly still open details regarding their sport immediately after arrival.

Team leaders shall present copies of identification documents (ID card or passport) to the technical delegate in each sport.

The first games will be played between the host teams and the teams of the city geographically closest to the host.

5. Protocol

After the competitions in all sports have ended, medals shall be presented to the three top-ranked teams or competitors in individual sports. In athletics, medals shall be presented 10 minutes after the end of each athletics event. After the competitions have ended, the host shall organise a ceremony during the final dinner party to present the challenge trophies and hand over the official flags of the Tournament.

On this occasion, the host shall hand over a set of seven flags of the participating cities to the next organiser of the Tournament.

6. Trophies

For the results achieved in the team competition in all 6 sports and the overall ranking, the winners shall receive challenge trophies. In athletics and table tennis, the challenge trophies shall be presented to both male and female competitors.

The overall winner of the Tournament shall be presented a challenge trophy. Cities having won the challenge trophies shall return these to the organiser of the next Tournament at the preparatory meeting.

7. Competition Venues

The Tournament shall be organised at venues, which comply with the rules of the respective sport. If possible, the venues shall be located close to each other so that Tournament participants can watch other sports.

8. Language

The official languages of the 4 Cities Tournament shall be German, English and the language of the host city.

9. Preparatory Meeting

During April or May, the Tournament Organizer shall convene a two-day meeting of the representatives of the participating cities. At the meeting, Tournament organization will be discussed and accommodation and competition venues will be visited. It shall be expected that representatives of the host city sports administrations be present at the meeting and that the participants be welcomed by the mayor of the host city or his/her representatives.

Delegations of the participating cities shall have up to 3 members.

The competition schedule shall be adopted at the preparatory meeting. The first matches shall be played by the teams of the host city and those of the guest city that is geographically closest to the host city.

II. COMPETITION RULES

1. Identification Document Check (ID card or passport)

Team leaders shall give copies of the identification documents (ID card or passport) to the technical delegate of each sport before the competition. The technical delegate shall keep the copies of the identification documents until the end of the competition and allow access to the copies to other team leaders upon their request.

2. Overall Ranking

Only city teams competing in all six sports will be considered in the overall rankings. The sports are: basketball, football, volleyball, athletics, table tennis and handball.

Points that can be won in each sport:

1st place 5 points

2nd place 3 points

3rd place 2 points

4th place 1 point

If two teams have the same number of points in the overall ranking, the following will decide:

- 1. more 1st places in all sports
- 2. more 2nd places in all sports
- 3. more 3rd places in all sports

In athletics and table tennis, the overall ranking is calculated for both male and female teams together.

3. Equipment

All competitors on a team shall wear identical T-shirts.

Each team shall have sport clothing in two colours available (light and dark with the same number) and these shall be indicated on the registration form.

4. Referees

Referees shall be appointed by the Executive Boards of each sport of the host city.

5. Complaints

Complaints can be filed only by the team leader in the respective sport 15 minutes after the end of the game or competition.

Complaints shall be handled by a committee consisting of three members, which shall include leaders of the teams not involved in the given incident. The complaints procedure shall be chaired by the technical delegate of the host city in charge of the respective sport.

In organisational terms, the complaints procedure shall be dealt with by the technical delegate of the host city in charge of the respective sport.

The committee's decision shall be final.

Complaints not concerning an individual sport but the overall ranking or any other issues relating to the competition or organisation, shall be dealt with by a committee consisting of four members, which will include the delegation leaders of all participating cities or their authorised representatives.

III. SPORTS

BASKETBALL - girls

- 1. Competition system:
 - round-robin format;

2. Rules:

• the competition shall be held according to the effective FIBA rules, with the amendments indicated herein;

3. Time of play:

 \cdot 4 x 10 minutes without interruptions, with a 10-minute break between the second and third quarter;

4. Points:

• the winning team shall be awarded 2 points and the losing team 1 point;

5. Ranking:

- shall be determined by the higher number of points won;
- if two or more teams have the same number of points, the winner is the team, which has won the game played against each other, i.e. the team, which has more points among the teams with the same number of points. If there is still a tie, the point difference between them will be decisive. The final criterion is the overall point difference during the whole Tournament.

6. Awards:

• in the overall ranking, all teams shall receive a cup to keep permanently, and the three top-ranked teams shall also receive 15 medals each.

FOOTBALL - boys

- 1. Competition system:
 - round-robin format;

2. Rules:

- the competition shall be held according to the effective FIFA rules, with the amendments indicated herein;
- matches shall be played on a natural turf pitch, and if weather conditions are poor on an artificial turf pitch. Time of play:
- 2 x 30 minutes, with a 10-minute break between the two half times;

4. Penalties:

- yellow card: a player with two yellow cards in one game shall receive a red card (the player is sent off);
- yellow card shall not be transferred to the next game, i.e. not carried over and punished by suspension.
- red card: the player shall be sent off and not allowed to play in the next game;

5. Equipment:

- the use of shin pads is mandatory;
- boots with metal studs are not allowed, and special shoes are to be used for playing on artificial turf;

6. Substitution

each team can make 5 substitutions during a game;

7. Points:

• the winning team shall be awarded 3 points, the losing team 0 points, and for a tie each team shall be awarded 1 point;

8. Ranking:

- shall be determined by the greater number of points won;
- if two or more teams have the same number of points, the winner is the team, which has won the game they played against each other, i.e. the team, which has more points among the teams with the same number of points. If there is still a tie, the goal difference between them will be decisive. The final criterion is the overall goal difference during the whole Tournament.

9. Awards:

• in the overall ranking all teams shall receive a cup to keep permanently, and the three top-ranked teams shall also receive 19 medals each.

VOLLEYBALL - girls

- 1. Competition system:
 - round-robin format:

2. Rules:

- the competition shall be held according to the effective FIVB rules with the amendments indicated herein; without technical breaks, out of the 12 players two persons can be designated as liberos.
- the net height is 224 cm;

3. Method of playing:

the game shall be won by the team that wins three sets;

4. Points:

• the winning team shall be awarded 2 points and the losing team 1 point;

5. Ranking:

- shall be determined by the greater number of points won;
- if two or more teams have the same number of points, the winner is the team, which has won the game they played against each other, i.e. the team, which has more points among the teams with the same number of points. If there is still a tie, the set difference between them will be decisive. The final criterion is the overall set difference during the whole Tournament.

6. Awards:

• for the overall ranking, all teams shall receive a cup to keep permanently, and the three top-ranked teams shall also receive 15 medals each.

ATHLETICS - boys and girls

1. Competition system:

• 100 m	girls,	boys;
• 400 m	girls,	boys;
• 800 m	girls,	boys;
• 4 x 100 m	girls,	boys;
High jump	girls,	boys;
• Long jump - 6 jumps	girls,	boys;
• Shot put - 6 throws	girls,	boys;

2. Rules

- Shot put the shot weight for girls shall be 3 kg and for boys 5 kg.
- The competition shall be held according to the effective IAAF rules with the amendments indicated herein.

 High jump girls - bar height: 120, 125, 130, 135, 140, 145, 148 cm and there after every 3 cm;

boys - bar height: 140,145, 150, 155, 160, 163 cm and thereafter every 3 cm;

- Competitors:
- each city can enter two competitors in each event;
- each city shall have one team in the relay;
- one competitor can start in two events and in the relay;
- in 100 m, 400 m and 800 m only the final shall be held;
- an electronic timekeeping system shall be used.

4. Competition Venue

• the competition shall take place at a venue with a tartan track

5. Points

- Individual: 1st place 8 points, 2nd place 7 points, 8th place 1 point,
- Relay: 1st place 16 points, 2nd place 14 points, 3rd place 12 points,
 4th place 10 points
- Competitors and relays not finishing the event will receive no point
- Girls' and boys' events will be evaluated separately according to the points.
- The overall rankings will be calculated by adding the points won in both the boys' and girls' categories (1st place - 5 points, 2nd place - 3 points, 3rd place - 2 points, 4th place - 1 point;

6. Ranking in case of a tie

- the number of the first places will be decisive
- the higher place in the relay will be decisive

7. Medals

Medals shall be presented to those finishing 1st - 3rd in each event. In athletics, all teams shall receive a cup for the overall ranking.

TABLE TENNIS - boys and girls

1. Competition System:

The competition shall be held in accordance with the effective ITTF rules with the amendments indicated herein.

- Individual: 2 groups of 4 players. The top two players of each group shall advance to the next round (semi-final, final). The 3rd place-match shall be played, as well;
- Team event: Corbillon-cup system, best-of-five matches;
- All matches shall be best-of-five games.

2. Points and ranking:

- Team: 1st place 8 points, 2nd place 6 points, 3rd place 4points, 4th place 2 points. Teams not finishing the event will receive no point;
- Individual: 1st place 4 points, 2nd place 3 points, 3rd place 2 points, 4th place 1 point;
- Ranking in case of a tie;
- the higher points by teams will be decisive;
- the higher points by individual competitors will be decisive.

3. Awards:

- all teams shall receive cups for the overall ranking to keep permanently;
 three top-ranked teams shall also receive two medals per team;
- cups and medals shall be presented separately in boys' and girls' categories;
- three top-ranked individual athletes shall receive medals.

HANDBALL - boys

1. Competition system:

round-robin format;

2. Rules:

• the competition shall be held according to the effective IHF rules with the amendments indicated herein;

3. Time of play:

- 2 x 25 minutes, with a 10-minute break between the half times;
- one time-out per half time shall be possible

4. Points:

• the winning team shall be awarded 2 points, the losing team 0 point, and for a tie each team shall be awarded 1 point;

5. Ranking:

- shall be determined by the greater number of points won;
- If two or more teams have the same number of points, the winner is the team, which has won the game they played against each other, If there is still a tie, the goal difference between them will be the decisive. The final criterion is the overall goal difference during the whole Tournament.

6. Awards:

• for the overall ranking, all teams shall receive a cup to keep permanently, and the three top-ranked teams shall also receive 17 medals each.

Competition Schedule Proposal

	Basketball	Football	Volleyball	Handball	Table tennis	Athletics
Sports leader	Ádám Lepsényi	Dániel Bodnár	Bertalan Vasák	János Halmai	László Szabó	László Sátor
Thursday 14/06	16:00 BRA - BUD 17:30 ZAG - LJU	16:00 BRA - BUD 17:30 LJU - ZAG	15:00 BRA - BUD 17:00 ZAG - LJU	15:30 BRA - BUD 17:30 LJU - ZAG		
Friday, 15/06	10:30 LJU - BUD 12:00 ZAG - BRA	10:00 ZAG - BUD 11:30 BRA - LJU	9:00 BRA - ZAG 11:00 LJU - BUD	09:30 BRA - LJU 11:30 ZAG - BUD	Team competition 10.00 1st round 15.00 2nd round 17.00 3rd round	from 15:30
Saturday, 16/06	10:30 BRA - LJU 12:00 ZAG - BUD	10:00 LJU - BUD 11:30 ZAG - BRA	9:00 LJU – BRA 11:00 ZAG - BUD	10:00 BRA - ZAG 12:00 LJU - BUD	Individual competition 9.30 - 11.15 matches in groups 11.30 - 12.00 semifinals 12.15 finals 13.00 award ceremony	

15. JUNE

Timetable	Running events	Jumping events	Throwing events
15:15	Opening		
15:30	100m W	High jump M	Shot put 3kg W
15:40	100m M	Long jump W	
16:00	800m W		
16:15	800m M	High jump W	Shot put 5 kg M
16:40	400m W	Long jump M	
16:50	400m M		
17:10	4x100 W		
17:20	4 x100 M		

^{*}Award ceremonies for field events will take place after each event or at the end of the competition

Accommodation and Competition Venues

Accommodation for athletes



Hotel Mercure Budapest

41-43. Krisztina Avenue Budapest 1013



Hotel Budapest

47. Szilágyi Erzsébet Allee Budapest 1026



Accommodation for delegation



Mamaison Hotel Andrássy Budapest

111. Andrássy Street Budapest 1063







Basketball

VASAS Sporthall

11-13. Pasareti Street Budapest 1026

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Athletics

Athletics Stadium

3. Batony Street Budapest 1165 tartan, 8 lanes



Football

TVE Sport Venue III. district

1-3. Kalap Street Budapest 1037





Table Tennis

Laszló Ormai Table Tennis Hall

16. Marczibányi Square Budapest 1022



Volleyball

MTK Volleyball Hall

3. Szamos Street Budapest 1122



Handball

Electric Sport Hall of Budapest

18-20. Népfürdő Street Budapest 1138

Representatives of Budapest

a. The City of Budapest

Mayor's Office

István Tarlós

Deputy Major of Education, Culture and Sport

Alexandra Szalay-Bobrovniczky dr.

Head of Sport Department

Judit Danada

b. Sport Department Members

Ildikó Juhász

Katalin Fröhlich

Zsuzsanna Hentz

Eszter Kovács-Kámán

Tamás Bándi dr.

Roland Herczegh

c. Budapest Sports Associations

1) Athletics Association

László Sátor

2) Basketball Association

Tibor Szlota Ádám Lepsényi

3) Football Association

Tamás Lovász Daniel Bodnár

4) Volleyball Association

Bertalan Vasák Gergely Pál Farkas

5) Handball Association

Pál Puja János Halmai

6) Table Tennis Association

Tibor Kékedi László Szabó

We are looking forward to welcoming you in Budapest.

